

Married Session: Friends of Conversation

Sunday, February 27, 2022, Zoom Meeting

- I. Introduction
 - A. Prayer
 - B. References: His Needs Her Needs by William Harley Jr.
 - C. Platform: Self Reflection, Positive, and Encouraging
- II. Biblical Teaching
 - A. James 1:19 “Everyone should be quick to listen, slow to speak, and slow to become angry”
 - B. James 3: 2-6 (Taming the tongue) V2 “We all stumble in many ways” V6 “It corrupts the whole person”
 - C. Proverbs 18 “Answering before listening is both stupid and rude” (MSG) “Wise men and women are always learning, always listening for fresh insight” “Words kill, words give life; they’re either poison or fruit, you choose”
- III. Friends of Conversation
 - A. Conversing to Inform, Investigate, and Understand
 - 1. To create emotional connection, learn, support, mature
 - 2. Inform
 - A. Share feelings activities and interests.
 - B. Be honest
 - C. Initiate
 - D. Be transparent
 - E. Inclusion
 - 3. Investigate
 - A. Personal Feelings
 - B. Care deeply
 - C. Noncritical
 - D. Vulnerability
 - 4. Understanding
 - A. What brings your spouse joy?
 - B. Consider “hot and cold” buttons
 - B. Developing Interest in each other’s favorite topics
 - C. Balanced Conversation
 - 1. Listen well, speak well
 - 2. Avoid interrupting
 - 3. Avoid monopolizing
 - D. Undivided Attention
 - 1. Eye contact
 - 2. Avoid multi-tasking
- IV. Tips
 - A. Remember dating
 - B. The love of the Lord
 - C. Commitment: Show it, say it, and plan it
 - D. Avoid demands, disrespect, anger, bringing up mistakes