



**BUILDING A CITY
ON A HILL
CITIZENSHIP
PART III
MATURING IN YOUR FAITH**

MATURITY in Psychology

“The ability to RESPOND to the environment; being aware of the correct time and location to behave and knowing when and how to act, according to the circumstances and the culture of the society one lives in.”



Reactions vs. Responses

Reactions

- Automatic behavior
- Based on emotion
- Only concerned about self
- Use limited information
- Tends to escalate conflict



Responses

- Deliberate behavior
- Based on thought & emotion
- Considers impact on others
- Involve more information
- Tends to produce positive outcome



When you're up against a trouble,
Meet it squarely, face to face;
Lift your chin and set your shoulders,
Plant your feet and take a brace.
When it's vain to try to dodge it,
Do the best that you can do;
You may fail, but you may conquer,
See it through!

Black may be the clouds about you
And your future may seem grim,
But don't let your nerve desert you;
Keep yourself in fighting trim.
If the worst is bound to happen,
Spite of all that you can do,
Running from it will not save you,
See it through!

Even hope may seem but futile,
When with troubles you're beset,
But remember you are facing
Just what other men have met.
You may fail, but fall still fighting;
Don't give up, whate'er you do;
Eyes front, head high to the finish.
See it through!

**"See It Through" by
Edgar Albert Guest**